# Freshman Express Orientation 2017

*Shaded areas represent special sessions just for parents & family members*

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<tr>
<th>Time</th>
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| 7:45-8:30 a.m.| **CHECK-IN**  *Ferguson Student Center, 2nd floor*  
Receive your registration materials, nametag, and information for the day. |                                            |
| 7:45-8:30 a.m.| **CAPSTONE CONNECTIONS INFO FAIR**  *Ferguson Student Center, 2nd floor*  
Visit with campus partners to learn more about specific opportunities, organizations, and resources that will enhance your student’s college experience. |                                            |
| 8:30-8:45 a.m.| **WELCOME TO THE UNIVERSITY OF ALABAMA**  *Ferguson Student Center Ballroom, 3rd floor*  
Welcome home to the Capstone! Join the Parent Ambassadors and Avanti team to learn what to expect during orientation and how to connect with the UA community. |                                            |
| 9:00-9:40 a.m.| **BAMA ESSENTIALS**  *Ferguson Student Center Ballroom, 3rd floor*  
Learn all about essential services and resources available to students and parents; everything from dining, student health, getting involved and more—don’t miss it! |                                            |
| 10:00-11:30 a.m.| **COLLEGE VISIT**  *Various Locations*  
You will be escorted by members of the Parent Ambassador team to your student’s school or college. During this session, you will learn of opportunities within your student’s academic area and begin conversations about your student’s class schedule. |                                            |
| 11:45-12:45 p.m.| **LUNCH**  *Ferguson Center Food Court, 2nd floor*  
Enjoy lunch with other parents and guests alongside the Parent Ambassadors. |                                            |
| 12:45-1:30 p.m.| **LET’S TALK ABOUT TRANSITION: Panel**  *Ferguson Student Center Ballroom, 3rd floor*  
A panel of current UA students and parents of current UA students will be there to share their own perspective on the transition to college life. |                                            |
| 1:30-2:15 p.m.| **CRUCIAL CONVERSATIONS**  *Ferguson Student Center Ballroom, 3rd floor*  
Your student has not yet left the nest. A staff member from Parent & Family Programs will help you navigate some of the important family conversations to have in preparation for your student’s transition to UA. |                                            |
| 2:15-2:35 p.m.| **REALIZING YOUR RESPONSIBILITY: UAPD**  *Ferguson Student Center Ballroom, 3rd floor*  
University Police will share information about UAPD’s services and programs and provide effective tips for reminding your student to stay safe on campus. |                                            |
| 2:35-3:00 p.m.| **THE WAY TO PAY AT UA: Financial Aid & Student Account Services**  *Ferguson Student Center Ballroom, 3rd floor*  
Learn about the process of financing your student’s education and options for payment at the University. |                                            |
| 3:00-3:40 p.m.| **TRANSITIONING TO LIFE ON CAMPUS: Housing at UA**  *Ferguson Student Center Ballroom, 3rd floor*  
Whether your student is living on or off campus, Housing and Residential Communities is a great resource for all students and their families! |                                            |
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<td>3:40-4:00 p.m.</td>
<td>TALKING ABOUT TRANSPORTATION Ferguson Student Center Ballroom, 3rd floor</td>
<td>Get all the latest information regarding parking on campus, transportation options for students and guests, and other need-to-know information.</td>
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<td>4:00-4:30 p.m.</td>
<td>BEGIN WITH THE END IN MIND: A Guide to Preparing for the Future Ferguson Student Center Ballroom, 3rd floor</td>
<td>Learn how your student can maximize their college experience and prepare for future career opportunities.</td>
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