



THE UNIVERSITY OF ALABAMA®

WHERE LEGENDS ARE MADE

Student Financial Aid



WHERE LEGENDS ARE MADE

Free Application for Federal Student Aid (FAFSA)

- Complete the FAFSA on studentaid.gov
- Completing the FAFSA is FREE

Federal Student Aid
AN OFFICE OF THE U.S. DEPARTMENT OF EDUCATION

UNDERSTAND AID ▾

APPLY FOR AID ▾

COMPLETE AID PROCESS ▾

MANAGE LOANS ▾

Complete the FAFSA® Form

Use the *Free Application for Federal Student Aid (FAFSA®)* form to apply for financial aid for college or graduate school.

New to the FAFSA® Process?

Completing the FAFSA form is free. Fill it out now.

[Start Here](#)

Returning User?

[Correct info](#) | [Add a school](#)

[View your Student Aid Report \(SAR\)](#)

[Log In](#)

Application Procedures

- Create an FSA ID for both student and parent on studentaid.gov
- Use the IRS Data Retrieval Tool if eligible
- Add The University of Alabama
 - **School code 001051**
- Review your Student Aid Report (SAR) after completion
- Renew your FAFSA every year using prior-prior year tax information

General Eligibility Requirements

- Be enrolled and taking classes in a degree-seeking program.
- Be enrolled at least half-time
 - 6 credit hours for undergraduate students
 - 4.5 credit hours for graduate students
- Be a U.S. citizen or eligible noncitizen
- Have a valid Social Security number
- Maintain Satisfactory Academic Progress (SAP) requirements as defined in The University of Alabama undergraduate catalog

Federal Student Aid

Grants



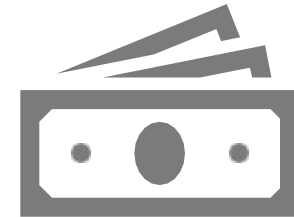
gift aid

Work-Study



earned wages

Loans



self-help aid

Grants

- Awarded to eligible undergraduate students pursuing their first bachelor's degree
- Federal Pell Grant - eligibility is based on Expected Family Contribution (EFC) and enrollment status
 - Maximum amount for the 2023-2024 year is \$7,395
- Federal Supplemental Education Opportunity Grant (FSEOG)
 - Based on EFC of 0
 - Maximum \$1500 per year
 - Very limited funding

Federal Work Study & Student Employment

- Funding is limited
- Federal I-9 verification process and the Federal Work Study Job Fair
 - A variety of job opportunities are located both on- and off-campus
- Funds are paid directly to the student bi-monthly
 - No funding will be credited to the student's bill
 - Rate of pay varies dependent upon position
- Part-time job opportunities are accessible to all students in the local community on our part-time job board, jld.ua.edu

Federal Direct Loans

- Subsidized
 - Does not accrue interest while enrolled
- Unsubsidized
 - Accrues interest while enrolled
- Annual loan limits (combined subsidized and unsubsidized)
 - \$5,500 – 1st year undergraduates (0-30 hours)
 - \$6,500 – 2nd year undergraduates (31-60 hours)
 - \$7,500 – 3rd year undergraduates and up (61+ hours)

Preparing for Fall

Cost of
Attendance
June

Fall bills post mid
July

Fall bills due
August

2022-23 Cost of Attendance

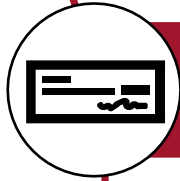
| | In-State | Out-of-State |
|---------------------------|-----------------|---------------------|
| Billable Items | | |
| • Tuition and Fees | \$11,900 | \$32,260 |
| • Housing | 9,300 | 9,300 |
| • Food | 5,126 | 5,126 |
| Non-Billable Items | | |
| • Books | 800 | 800 |
| • Transportation | 2,362 | 3,312 |
| • Miscellaneous | 2,495 | 2,495 |
| • Loan Fee Estimate | 70 | 70 |
| Total | \$32,053 | \$53,363 |

Preparing for Fall

Additional Aid Sources



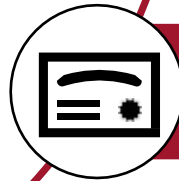
Parent PLUS Loans



Private Educational Loans



University Scholarships



External Scholarships

Federal PLUS Loans

- Borrowers are either parents of dependent undergraduate students OR Graduate Students
- Annual loan limit = cost of attendance minus aid
- Interest rates are set every year in July
- Loan fees are based on principal amount of each loan
- Repayment begins 60 days after the loan is fully disbursed; deferment option upon request
- Based on credit as determined by the Department of Education
- Application available at studentaid.gov

Additional Unsubsidized Loan Eligibility

- Additional unsubsidized loan eligibility for dependent students whose parents are unable to borrow under the PLUS Program:
 - \$4,000 per year for undergraduates with 60 or less credit hours
 - \$5,000 per year for undergraduates with 61 or more credit hours



Repayment of Federal Loans

- Repayment begins either
 - Six months after graduation or
 - Six months after dropping below half-time enrollment
- Loan repayment can be set up in 10-, 20-, 30-, 40-, or 50-year plans
 - Repayment is set up with your loan servicer
- Use the Repayment Estimator on studentaid.gov to estimate monthly payments, learn about deferment, and cancellation provisions



Contact Information

106 Student Services Center

Monday - Friday, 8:00 – 4:45

205-348-6756

financialaid.ua.edu

financialaid@ua.edu





THE UNIVERSITY OF ALABAMA®

WHERE LEGENDS ARE MADE

Student Account Services



WHERE LEGENDS ARE MADE

How are Students Billed?

- All billing occurs through the student financial account at ***myBama.ua.edu***. Paper bills are not mailed.
- Students and Authorized Users are notified when bills are available via email.
- The student's email address for University official business is the @crimson.ua.edu.
- Students can opt in for text messages and add an alternate email address.

Why Do I Need an Authorized User Account?

Authorized User accounts must be set up by the student and are REQUIRED for our office to discuss the student's financial information.

- Users will receive communications from Student Account Services and can view the student's financial account, make payments, and enroll in payment plans.

Billing Process

- Action Card privileges will not work until payment has been made in full or enrollment in a payment plan for the term has been completed. Privileges include student health center visits, rec center access, athletic/sport event access, and dining dollars.
- Class schedules will be cancelled as a result of a student not paying their account balance in full or enrolling in a payment plan by the due date.

When are Financial Aid/Scholarships/3rd Party Payments Applied to the Account?

- When students are awarded aid they must accept the award and fulfill any other requirements, such as signing a promissory note.
- Once Financial Aid, UA Scholarships, and/or other outside resources are authorized, they will show as projected credits to reduce the student's account balance.
- Non-UA scholarships will be applied to the student's account when payment is received.

Payment Deadlines

- Fall – Bill will be available on July 17th and the payment due date is August 10th at noon.
- Spring – Bill will be available on November 15th and the payment due date is December 11th at noon.
- Summer – Bill will be available on April 15th and the payment due date is May 10th at noon.
- **Payment in full or payment plan participation is required no later than noon on the due dates above to prevent schedule cancellation.**

Payment Plan Information

- First payment is due at enrollment.
- Payment Plan fee is \$30 and due at time of enrollment.
- Payment plan installment dates are fixed dates. If a payment plan due date falls on a weekend or holiday, plan enrollment and payment deadlines will be extended to the next University business day.

Fall Payment Plans

4-Payment Plan: 25% due at enrollment and 3 remaining payments of 25% each

- Opens: July 17th
- Closes: July 31st
- Installments due August 10th, September 11th, and October 10th

3-Payment Plan: 34% due at enrollment and 2 remaining payments of 33% each

- Opens: August 1st
- Closes: September 21st
(Enrollment from September 11th-September 21st will require a 67% payment)
- Installments due September 11th and October 10th

Once payment plans are closed, payment in full is required.

Spring Payment Plans

4-Payment Plan: 25% due at enrollment and 3 remaining payments of 25% each

- Opens: November 15th
- Closes: November 30th
- Installments due December 11th, January 10th, and February 12th

3-Payment Plan: 34% due at enrollment and 2 remaining payments of 33% each

- Opens: December 1st
- Closes: January 21st
(Enrollment from January 10th- January 21st will require a 67% payment)
- Installments due January 10th and February 12th

Once payment plans are closed, payment in full is required.

How Can Payments be Made?

- Electronic checks can be made online at no cost.
- Credit/Debit Card payments are accepted online through the students financial account (includes a non-refundable convenience fee of 2.95%, \$3 minimum).
- Paper checks and certified funds can be mailed or dropped off to the SAS office for processing. Make sure to include student name and CWID.
- Wire payments can be processed through TransferMate, a third-party vendor. TransferMate does charge a fee for domestic wires.
- International educational payments can be made online through the following:
 - FlyWire – Payment can be made at <https://payment.flywire.com/pay/payment>
 - TransferMate – Payment option available when you login to student bill through myBama

How Do I Get a Refund?

- All student refunds are processed via Direct Deposit with one exception:
 - A credit balance may be refunded back to a credit card used to pay on the account.
- Students should setup a refund account through the “Pay Your Student Bill” link on myBama. Only students have access to setup the refund account.

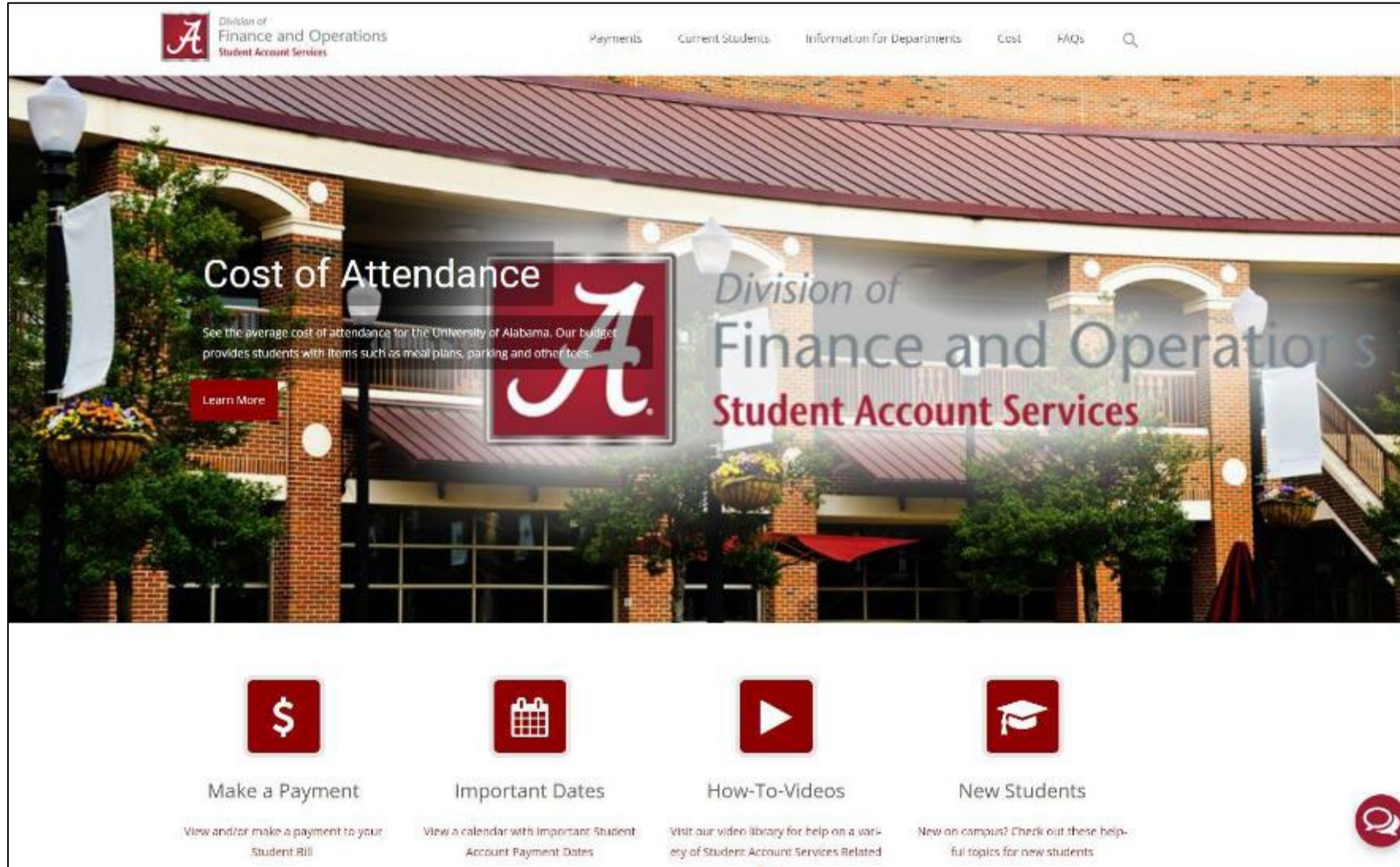
Tuition Insurance

- Tuition Insurance is available through GradGuard in partnership with Allianz Global Assistance for students.
- Participation is optional and the agreement is between you and GradGuard.
- You must purchase insurance prior to the first day of class. Coverage extends through the end of that semester.
- For more information, please visit: <https://www.studentaccounts.ua.edu>, hover over the “Cost” tab and select Tuition Insurance.

Frequently Asked Questions

- What is the access granted course material charge and why is my student being billed for it so late in the semester?
 - Access granted course materials can be an access code for homework or online reading material. These are not charged to the student account until after the add/drop deadline for the semester. Students can opt out of the access granted course material through their Blackboard page.
- My student is not an engineering major. Why are there engineering fees on their account?
 - College and course fees are charged based on the student's schedule, not their major.

Student Account Services Webpage



Meet [BamaBot](#) on our home page now to answer your Student Account questions 24/7



Accessing Your Student Account

myBama.ua.edu

The image shows two parts of the myBama website. On the left is the login portal, and on the right is the student dashboard.

myBama Login Portal:

- Header: The University of Alabama Login Portal
- Section: Login
- Fields: myBama Id: (circled in red), Password:
- Button: Log In
- Footer: For security reasons, please log out and exit your web browser when you are done accessing services that require authentication.

myBama Dashboard:

- Header: myBama, Quick search for anything (click), Ingram
- QUICK LINKS: Blackboard Learn, Degree Works, Email, Events Calendar, Public Directory, UA Libraries
- PAGES: Home, Admissions & Scholarships, COVID-19, Campus Life, Employed, Faculty & Advisors, Research, **Student** (circled in red)
- Student Section: Academic and Student Services, Student Account Services, Student Financial Aid, Blackboard Learn
- Student Account Services: **Pay Your Student Bill** (circled in red), General, Deposits / Reservation Fees
- Student Financial Aid: Financial Aid Status, Federal Shopping Sheet, E-mail Financial Aid Office, Student Financial Aid, Financial Aid Awards, Financial Aid Requirements, Eligibility, Award

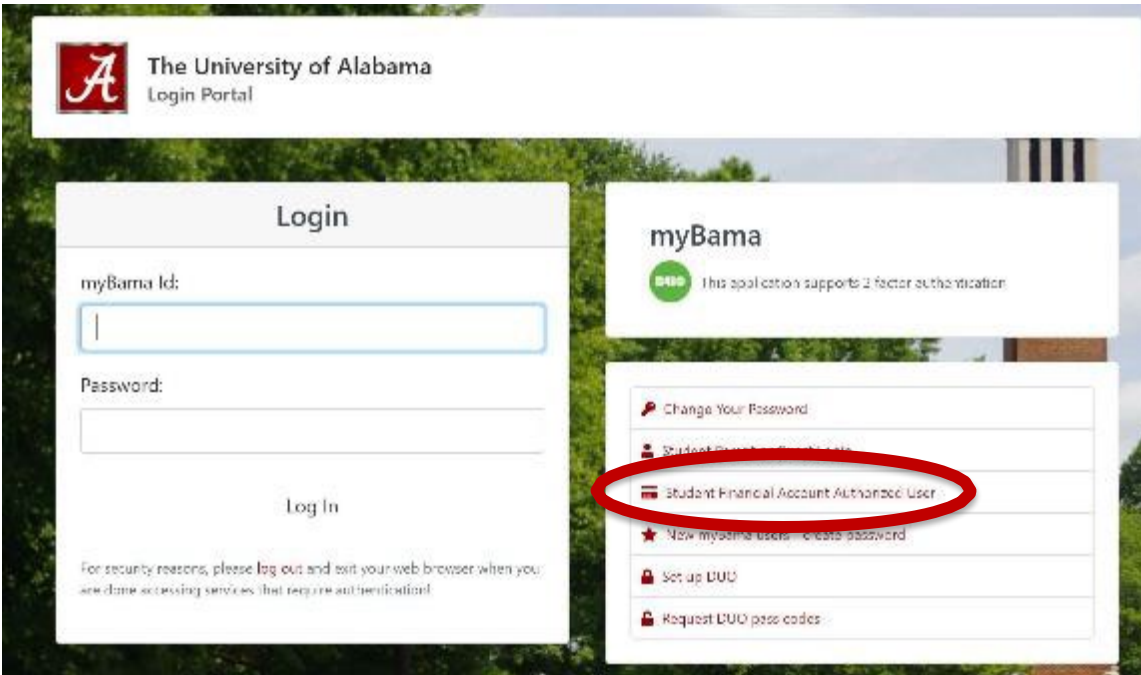
Navigating the Student Financial Account

The screenshot displays the University of Alabama's Student Financial Account portal. The top navigation bar includes the university logo and name, a user login status, and a menu with options like 'My Account', 'Make Payment', and 'Payment Plans'. The main content area is divided into several sections: 'Announcement' with a 'Spring 2022 Bills' notice and 'International Students - Important Message'; 'Student Account' showing a balance of \$0.00 and account ID xxx7413; 'Statements' with links to view the latest eBill and 1098-T tax statement; and 'My Profile Setup' on the right, which contains four red-circled links: 'Authorized Users', 'Personal Profile', 'Consents and Agreements', and 'Electronic Refunds'. A 'Term Balances' section is also visible at the bottom right.

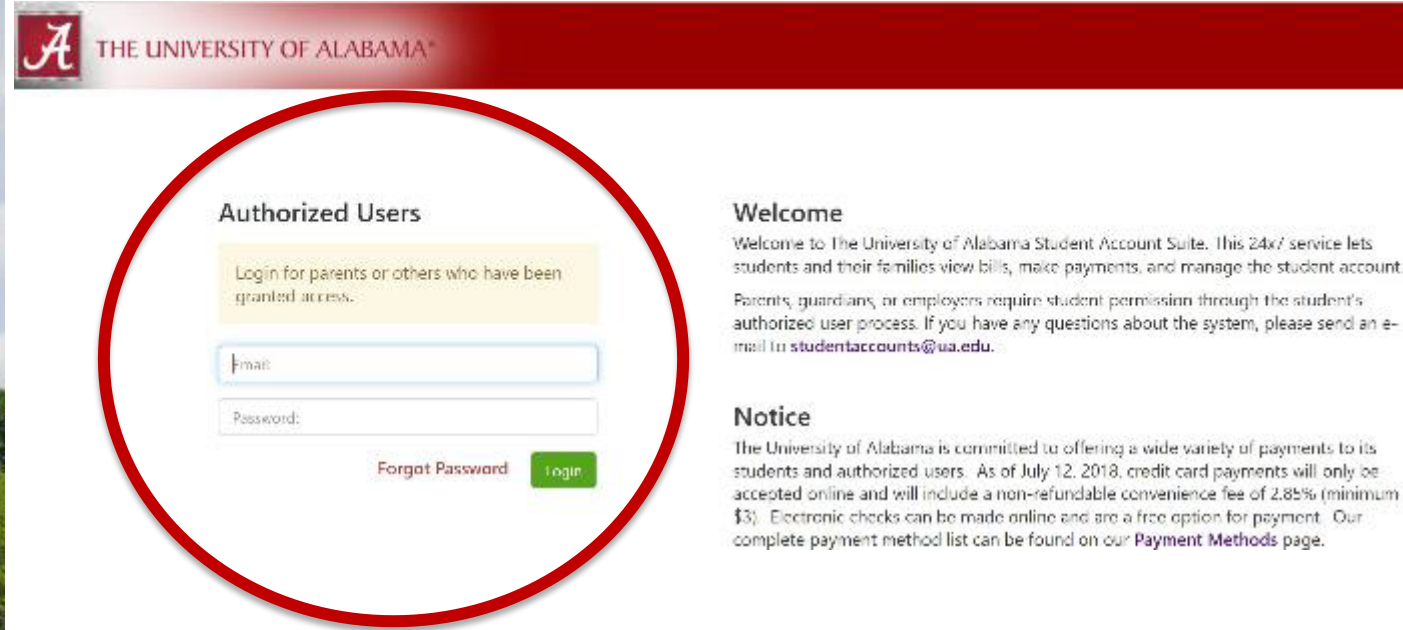


Authorized Users Accessing Student Account

myBama.ua.edu



The screenshot shows the myBama Login Portal. At the top left is the University of Alabama logo and the text "The University of Alabama Login Portal". Below this is a "Login" section with a "myBama Id:" field and a "Password:" field, followed by a "Log In" button. To the right is a "myBama" section with a green "DUO" icon and the text "This application supports 2 factor authentication". Below this is a list of links: "Change Your Password", "Student Search", "Student Financial Account Authorized User" (circled in red), "New myBama users - create password", "Set up DUO", and "Request DUO pass codes". At the bottom left, there is a security notice: "For security reasons, please log out and exit your web browser when you are done accessing services that require authentication."



The screenshot shows the "Authorized Users" page. At the top is the University of Alabama logo and the text "THE UNIVERSITY OF ALABAMA". Below this is a red banner with the text "Authorized Users". A yellow box contains the text "Login for parents or others who have been granted access." Below this is a "Email:" field and a "Password:" field, followed by a "Forgot Password" link and a green "Login" button. To the right of the login form is a "Welcome" section with the text "Welcome to The University of Alabama Student Account Suite. This 24x7 service lets students and their families view bills, make payments, and manage the student account. Parents, guardians, or employers require student permission through the student's authorized user process. If you have any questions about the system, please send an e-mail to studentaccounts@ua.edu." Below this is a "Notice" section with the text "The University of Alabama is committed to offering a wide variety of payments to its students and authorized users. As of July 12, 2018, credit card payments will only be accepted online and will include a non-refundable convenience fee of 2.85% (minimum \$3). Electronic checks can be made online and are a free option for payment. Our complete payment method list can be found on our [Payment Methods](#) page."

Student Account Services

- **Location:**

- Student Services Center – Room 105

- **Office Hours:**

- Monday-Friday 8:00-5:00

- **Phone:**

- 205-348-5350

- **E-mail Address:**

studentaccounts@ua.edu

- **Web Site:**

studentaccounts.ua.edu

- **Mailing Address:**

- Box 870120
- 105 Student Services Building Tuscaloosa, AL 35487

- **Physical Address:**

- 801 Campus Drive West
105 Student Services Building
- Tuscaloosa, AL 35487





THE UNIVERSITY OF ALABAMA®

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Police Department



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About The University of Alabama Police Department

- **UAPD is comprised of 92 authorized sworn positions and 22 support positions.**
- **All police officers are certified by the State of Alabama and have full arrest powers.**
- **Officers are on duty 24 hours a day, 365 days a year.**
- **On Campus and Fringe Patrols**



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About The University of Alabama Police Department

UAPD maintains a close working relationship with other departments on campus such as:

- **Women and Gender Resource Center**
- **Title IX**
- **UA Counseling Center**
- **Office of Student Conduct and many others.**



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Educational Things To Think About:

- **Never leave property unattended.**
- **Don't allow others to follow you into residence halls without using the appropriate controlled access point.**
- **KEEP VEHICLES AND DOORS LOCKED !!!!!**
- **Keep track of valuables such as: phones, wallets or purses, backpacks, keys, and action cards.**



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Educational Things To Think About:

- **The Access Control Department monitors all residence halls and other campus buildings.**
- **Security Cameras are strategically located across the campus area and are monitored 24 hours a day by the Security Resource Department.**



Emergency BLUE Phones on Campus Grounds



200 + Phones



WHERE LEGENDS ARE MADE

Emergency Notifications

UA Alerts

- **UA Public Address System**
- **UA Website**
- **UA Emails**
- **UAPD Patrol Division**
- **UA Transportation System**
- **WVUA Radio / TV**
- **EMA Siren**
- **NOAA Weather Radios**



For more information regarding the UA Alert System or other emergencies, refer to the

UA Emergency Preparedness website: ready.ua.edu



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University of Alabama Dangerous Weapons and Firearms Policy & Active Shooter Video Protocol

The University of Alabama strictly prohibits the transportation, possession, and use of firearms and other dangerous weapons on campus. Also, visit our police website at www.police.ua.edu to view our Active Shooter Video Protocol.



Ride Share Programs

- Request rides through an official app. **NEVER** accept a ride from a driver you have not requested.
- Schedule your ride inside. Use the official ride-share app and wait inside until the app indicates your requested driver has arrived.
- Plan the safest locations for pickup and drop off. Watch for traffic and make sure you don't get out in a dangerous location.
- **Verify the ride.** Make sure you get into the right car. Verify the license plate and make sure the driver info matches what is listed on the app. **NEVER** get in a car you have not requested and cannot verify just because they say they work for a ride-sharing company.
- Ride in the back **AND buckle up.** If you're riding alone, the backseat allows you to exit on the safest side. Seatbelt safety is always important.
- Share your ride details with someone you trust. Most ride-sharing services offer ETA or status-sharing opportunities.



Ride Share Programs

- If that's not available, snap a photo and send it to a personal contact to let them know your plans.
- DON'T share your personal details with the driver. Protect your private information and don't share too many personal details when chatting.
- Track yourself. Follow the route on your phone's map to make sure you don't go off-route.
- Rate the driver. Share any concerns about your driver or experience so the companies can take action if needed.
- Be careful about consuming alcohol. Alcohol can impair judgment and impede your ability to follow other safety tips.
- Follow your instincts. If a situation feels uncomfortable, pay attention. Call 911 if you feel unsafe or in an emergency.
- **DOWNLOAD THE LYFT APP FOR STUDENT DISCOUNT RIDES**



Enforcement

Conduct Referrals

3 Most Common Types of Arrests:

1. Alcohol
2. Drugs
3. Domestic Violence



Enforcement – ALCOHOL

Most common alcohol charges:

1. **Public Intoxication (P.I.)**
2. **Driving Under the Influence (D.U.I.)**
3. **Minor in Possession (M.I.P.)**



Enforcement – DRUGS

Most common drug charges:

1. **Possession of Marijuana**
2. **Possession of Drug Paraphernalia**
3. **Possession of a Controlled Substance**



Enforcement – DOMESTIC VIOLENCE

Domestic Violence or DV:

1. Relationships that constitute D.V.
2. Criminal charges included under the D.V. law.
3. Required arrest
4. Mandatory 24 hr stay in jail before bond can be made
5. Develop conflict resolution skills



UAPD's Contact Information:

Contact **UAPD** at:

(205) 348-5454

or visit online at

www.police.ua.edu



WHERE LEGENDS ARE MADE

Text - To - 911

The University of Alabama Police Communications Division which is located within the Tuscaloosa County Emergency Operations Center is now capable of Text to 911. All agencies in the Tuscaloosa County Emergency Operations Center will have the ability to not only accept inbound messaging (allowing the public to directly access 9-1-1 through text messaging from their wireless handset) but may also conduct outbound messaging (sending text messages to the public).

Text-to-911 will be especially useful for the hearing or speech impaired and extremely useful in those situations where it is not safe to place a voice call to 9-1-1. Tuscaloosa County 9-1-1 and the University of Alabama Police Department encourages citizens with police, fire or medical emergencies to call 9-1-1 if they can and text 9-1-1 only if they cannot.



Contact Information:

Ofc. Daniel Mosley
Community Relations Division

(205) 348-8361

or email:

ua.police@ua.edu



Federal Policy Obligations

- **Jeanne Clery Act (1990)**
- **Annual Security Report (ASR)**
- **www.safety.ua.edu**
- **Contact: Chad Clark caclark@ua.edu**





THE UNIVERSITY OF ALABAMA®

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Division of
Student Life
Housing and Residential Communities



Residence Hall Resources

- Resident Advisors (RAs)
- Live-in graduate Community Directors (CDs)
- Professional Area Coordinators (ACs)
- Faculty-in-Residence
- 24/7 Area Desks
- Online work orders



Campus Resources

Packages and Mail

- Package lockers
- See campusmail.ua.edu and the parent handbook for information addressing packages

Safety and Security

- On-call system
- Access Control and Security Resources
- UAPD
- Remind your student to lock their door!!

Counseling Center

Student Health Center

Student Care and Well-Being



Housing Assignments

- Assignments made from May on.
- Assigned application date order, considering gender, roommates & status.
- Assignment status updated in myHousing portal and through Crimson email.
- Room change request periods each semester.
Space may limit room changes.
- **HRC cannot guarantee any specific housing assignment, roommate or roommate compatibility.**



Things to Consider

- Mattress sizes vary.
- Refrigerators and microwaves.
- Closet door or curtain?
- Command strips vs. Nails?
- Wireless internet in all residence halls.
- What do they actually need?

Visit the HRC website for specifics about each residence hall.



Roommates

- Living with another person is a challenge, whether a life-long friend or someone new.
- Residents encouraged to complete roommate agreements before issues arise.
- RAs can assist with roommate mediation.
- Roommates should discuss expectations and communicate regularly.
- It's more important to *be* a good roommate than to *find* a good roommate.
- What is the family's role? Resources and support.



Move-In

- Students select a move-in date/time in myHousing portal beginning in June.
- Schedule:

<https://housing.sa.ua.edu/incoming-students/move-in/>

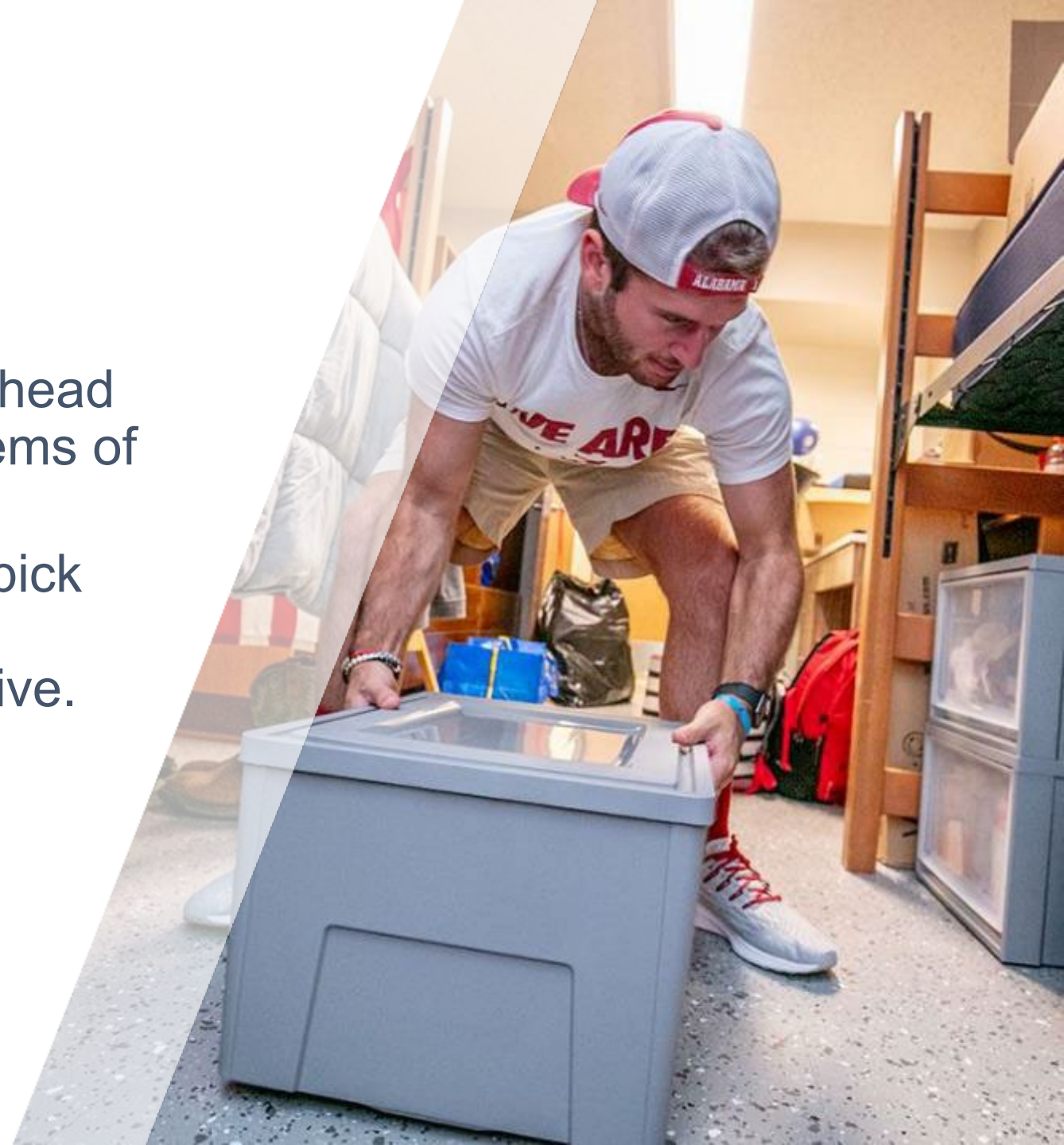
- Students must have a housing assignment to select move-in time.
- Early move-in available for select activities.
- Make travel plans after selecting move-in time.



Move-In

The right way to move in:

- Plan realistically for space.
- Communicate with roommate(s) ahead of time. You don't need multiple items of something you can share.
- Bring what you need now. You can pick up cold-weather clothing later in the semester or buy items once you arrive.



Move-In

The right way to move in:

- No moving vans! If you are bringing a moving van, you are bringing too much.
- Follow all traffic and parking instructions & arrive at scheduled time.
- Pack everything and label boxes.
- **Remember, what gets moved in, must get moved out.**



Beyond Move-In

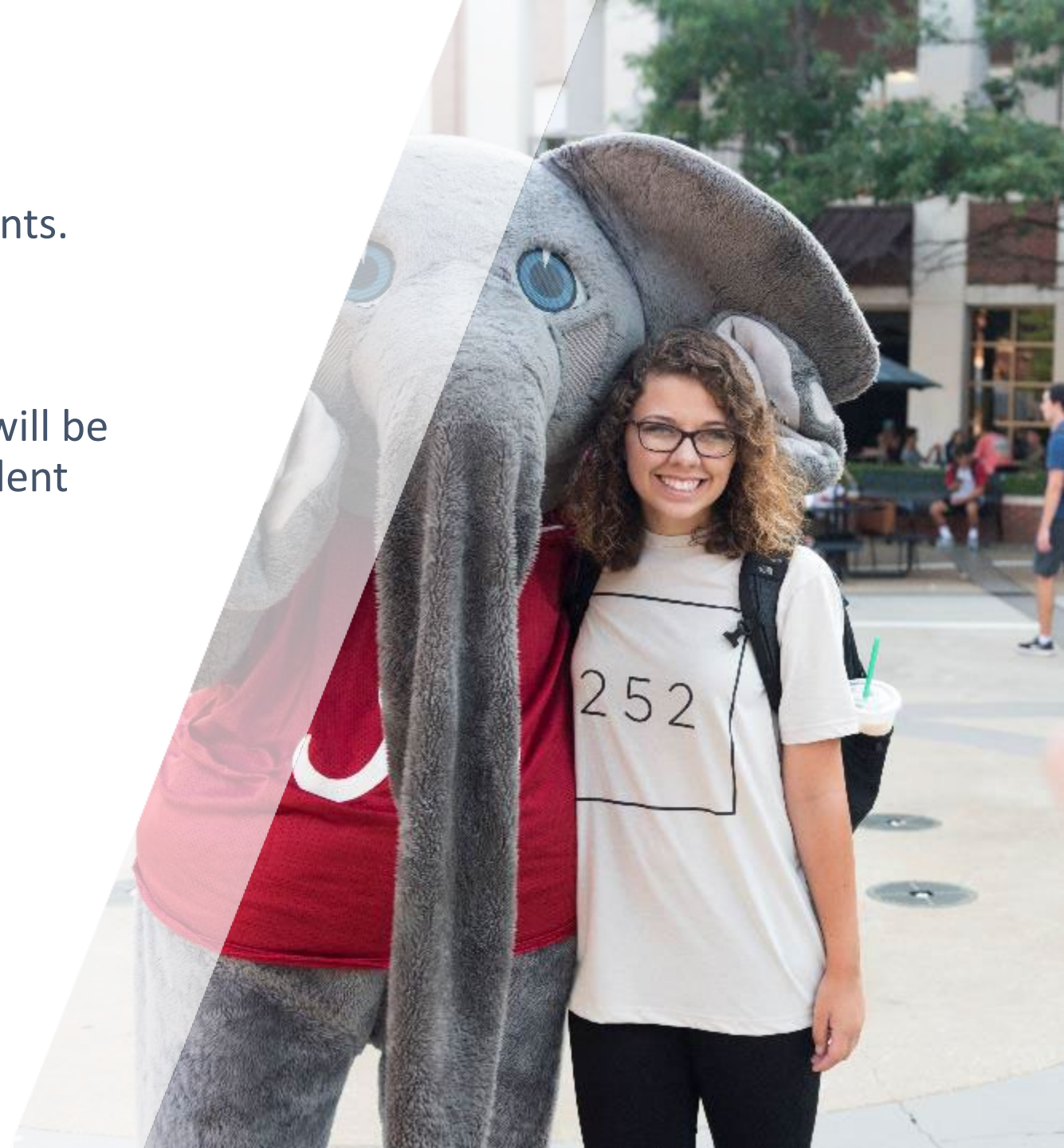
What to expect the first semester:

- Many activities, starting with Weeks of Welcome.
- Students should meet their residence hall staff.
- Expect homesickness.
- Roommate conflict, even among friends.
- Support is available: Counseling Center, Capstone Center for Student Success



Future Housing Options

- Limited space is available for returning students.
- Only students with housing scholarships are guaranteed housing as upperclassmen.
- Information about the recontracting process will be shared with students in the Fall. Ask your student what Housing tells them.
- Off-Campus Resources provides guidance in transitioning to off-campus housing.

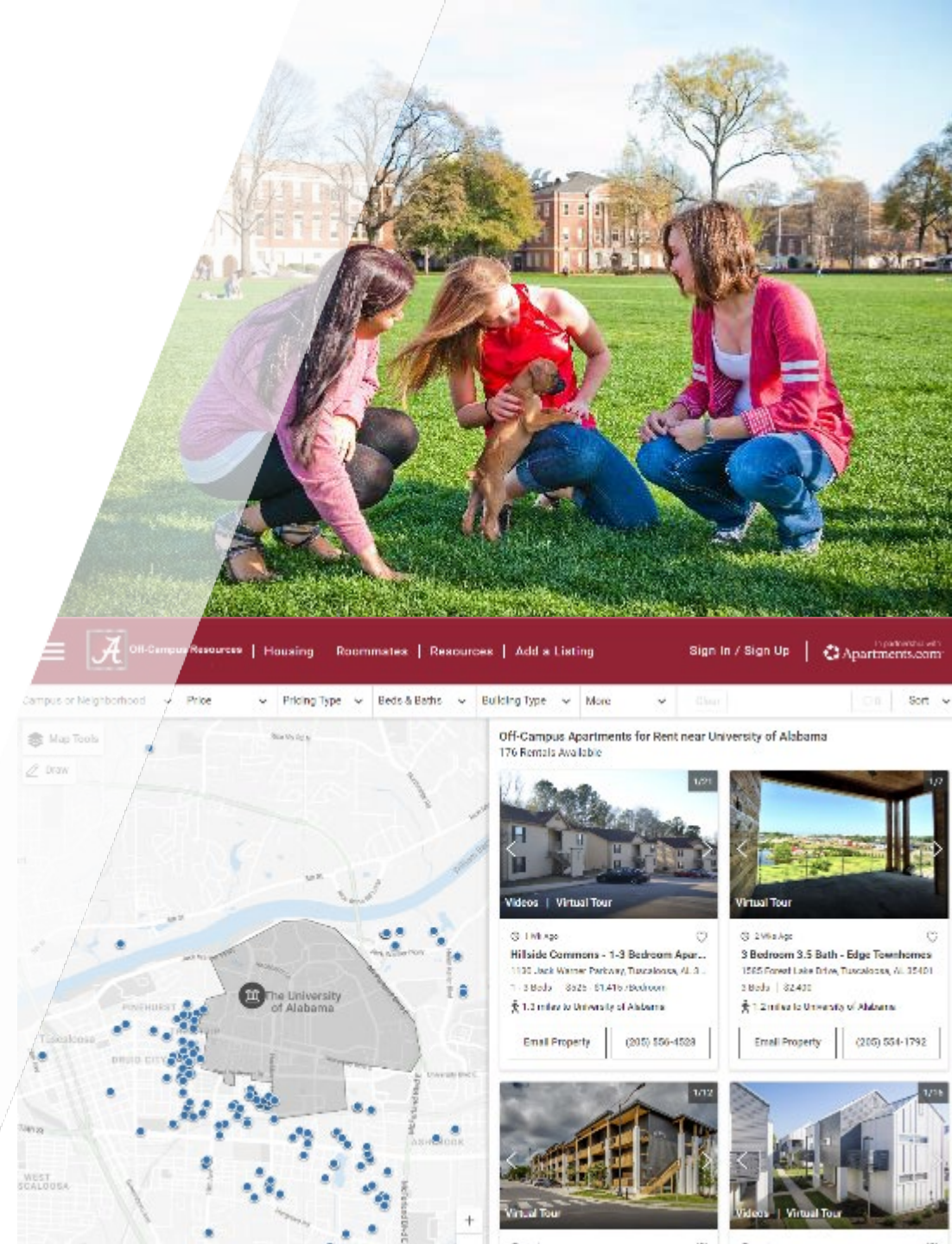


Future Housing Options

- There are plenty of off-campus options. Take time to do your research.
- In Alabama, a student's signature is **legally binding** if they're 18 or older, whether or not their guarantor/cosigner qualifies.
- Two types of leases – **joint** (by the unit) and **individual** (by the bedroom.)
- Length of a lease is typically 11-11.5 months.
- Total rent amount is divided into **12 equal monthly payments** beginning in August before move-in.

Website: offcampushousing.ua.edu

- Search for housing & roommates
- Post subleases
- Get resources and tips



Contact Us

Phone: 205-348-6676 or 888-498-2262

Email: housing@ua.edu

Website: housing.ua.edu

Monday - Friday: 8 a.m. – 5 p.m. (CT)

   @UAHousing



THE UNIVERSITY OF ALABAMA®

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FAMILY 23
WEEKEND



THE UNIVERSITY OF ALABAMA®
September 22 - 24



Family Weekend 2023 on September 22-24

On Saturday, the **Crimson Tide** will take on the **Ole Miss Rebels** at Bryant Denny Stadium.

Family Weekend has three main goals for UA families:

- To reconnect and spend time with your UA student.
- To experience UA gameday traditions; and
- To explore Tuscaloosa, your student's new "home away from home."

Family Weekend Lineup

Friday (9/22):

Family Weekend Kickoff Events

Saturday (9/23):

Family Weekend Tailgate

Sunday (9/24):

Family Weekend Brunch

Family Weekend Yoga





The Family Weekend registration fee is **\$35 for UA students and \$35 for family members over age 2** and includes:

- Family Weekend Kick-off, Tailgate, and Brunch.
- Eligibility to purchase football tickets for the Alabama v. Ole Miss football game using a promo code provided for each registration. **This is a separate purchase with a separate login.**



FAMILY²³
WEEKEND
A

SEPT 22-24

REGISTER AT PARENTS.UA.EDU



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FIRST YEAR EXPERIENCE

Your starting point at UA



CAMP 1831

Develop friendships, learn UA culture, get comfortable on campus, and have fun in this ULTIMATE experience to start your first year

FRESHMAN FORUM

Explore your leadership potential and make a difference in the community while connecting with peers, faculty, and staff

NEW VIEW

Establish a connection and develop community with other out-of-state women through mentorship, small groups, and monthly socials

COMPASS TALKS

Discover goal setting, involvement opportunities, and resources for your personal success through individualized conversations

OUT 2 LUNCH

Engage in conversation to discover common interests with faculty outside of the classroom to increase confidence for your academic journey

CRIMSON SCHOLARS

Connect with peers in similar academic interests with a focus on peer mentorship and career readiness through this invitation only program

[Camp 1831 video on YouTube](#)

CAMP 1831

- Build relationships with peers
- Connect with an upperclassman mentor
- Meet UA Faculty and Staff
- Become comfortable on campus before classes begin



Scan for Info



ADVENTURE • LEADERSHIP • SERVICE • HISTORY & TRADITION

CAMP 1831

THE UNIVERSITY OF ALABAMA®

The fall semester at The University of Alabama will be a little less intimidating. The three-day, five-night adventure is filled with activities to get you plugged in on campus, develop friendships, learn about the traditions and traditions of UA. Camp 1831 is a fun and exciting way to begin life at the Crimson.



CAMP 1831



REGISTRATION

Camp 1831 registration is open to incoming freshman and transfer students! You can register by visiting fyelst.uab.edu. Spots will be filled on a first-come, first-served basis.

COST

The cost includes meals, supplies, swag and transportation during the three days! For more information, visit fyelst.uab.edu.

SCHOLARSHIPS

A limited number of scholarships are available to students with a demonstrated financial need. Email us at fyelst@ua.edu for more information.

REGISTER TODAY!

CAMP 1831

SESSION 1
August 14 - 16

SESSION 2
August 17 - 19

EMAIL
fyelst@ua.edu

CALL
205-305-8404

LEARN MORE
fyelst.uab.edu

THE UNIVERSITY OF ALABAMA®

FRESHMAN FORUM

Students will...

- Formulate their personal leadership identity
- Connect in small groups
- Engage in the community through service and group planned projects
- Prepare for future leadership roles



FRESHMAN  *FORUM*

Learn and develop with a community of leaders



New VIEW

Find your place. Find your people.

NEW VIEW



New VIEW is a program for first-year, out-of-state women. There are two components to the program: small groups with a mentor and large group, monthly socials.



Small Group Mentor: First year, out-of-state women are paired with a returning, out-of-state woman to help them navigate their first year at UA



Monthly Socials: The entire New VIEW crew gets together once a month for a large event – like this painting social – and to catch-up with each other & the FYE office!



An interest form for New VIEW is available at fye.ua.edu/newview

So why FYE?

- Need a connection on campus?
 - Want to develop yourself and your community?
 - Want to make the most of your first year?
-

Connect with Us

fye.ua.edu

(205) 348-8404 | fye@ua.edu



Russell Hall 302



@FYEatUA



THE UNIVERSITY OF ALABAMA®

WHERE LEGENDS ARE MADE



Crucial Conversations

THE UNIVERSITY OF ALABAMA®



Straight

Talk

**in the college years
for parents and family
members**



YOUR PARENT AND FAMILY CONNECTION

DANA BEKURS
DIRECTOR OF PARENT & FAMILY
PROGRAMS

DWBEKURS@UA.EDU

205-348-8330



“When I was a boy of 14, my father was so ignorant. I could hardly stand to have the old man around. But when I got to 21, I was astonished at how much he had learned in 7 years.”

Mark Twain





**Who are our
parents and
students?**





Today's Complex College Student

- **Instant gratification**
- **Constant connectivity**
- **Unsure of how to balance academics, work, social lives, and involvement**
- **Not sure of what their needs are**





Today's Parents

- **Very** involved
- **Desire** to protect
- **Tendency** to intercede



What can parents expect
the first year?





Expect Change

- Change is inevitable.
- Change can and will be good!
- Transitions are about to begin!

WHEN I GROW UP
what do you want to be when you grow up?





Expect Challenges

- Time management
- Learning to be independent
- Scheduling classes for the Spring
- Balance and adjustments
- Roommate conflicts
 - Top 5 conflicts
 - Cleanliness
 - Visitors
 - Respect for study time
 - Different sleep schedules
 - Use of personal property/supplies/food





Expect Successes as well!

- Joined student organizations
- Used tutoring
- Great GPA
- Made new friends/positive peer relationships
- Became more independent
- Learned balance



College Bound



Expect Your Lives Will Change

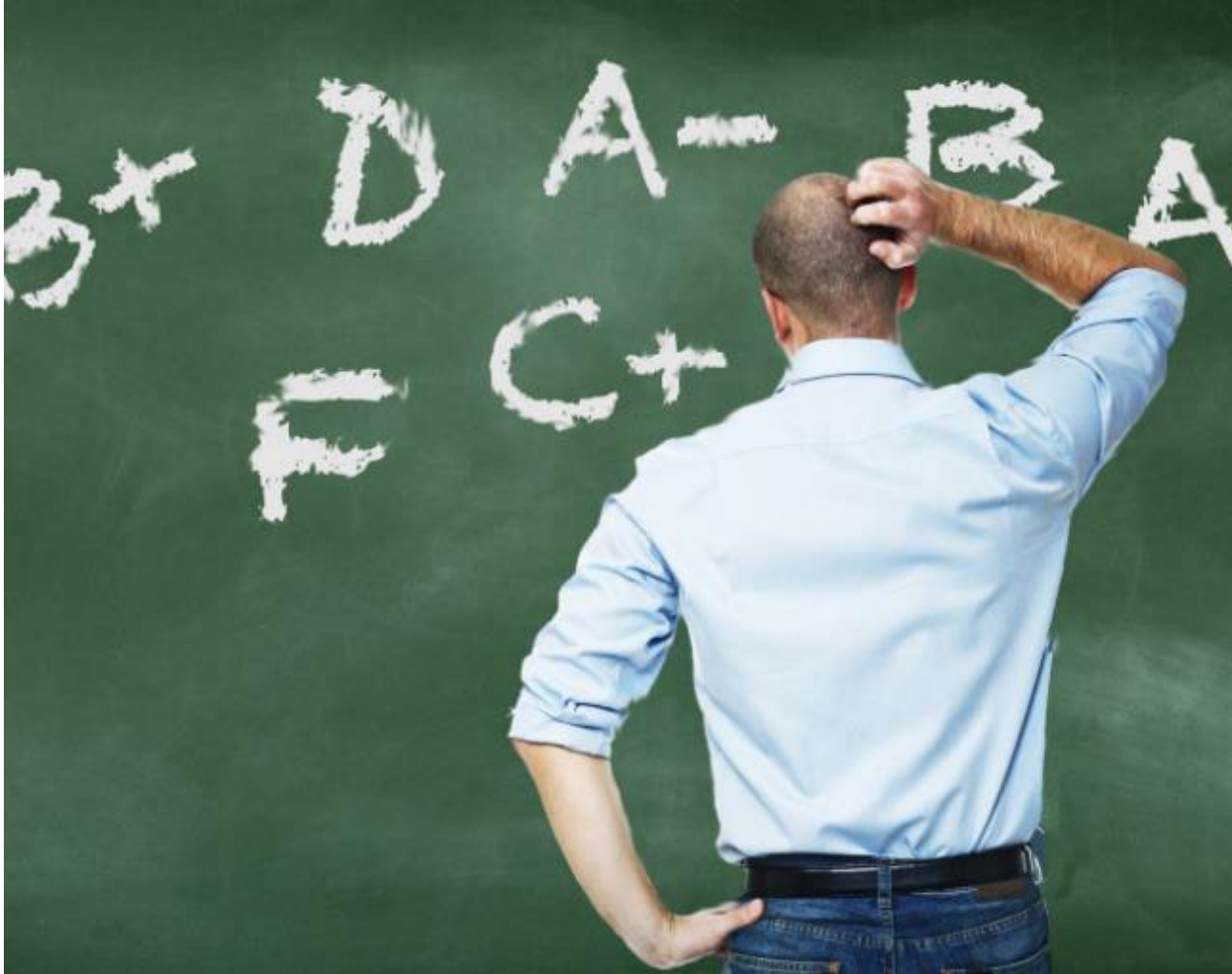
- Younger siblings may be happy/sad to see the older sibling leave home.
- If the college-bound student is your youngest, you will begin to reestablish a one-on-one relationship with your significant other after years of parenting.





Expect That Your Student Will Need a Safe Haven

- Don't change your child's room. Their room is their "home base".
- Freshmen can go through some difficult times during the first year.



Don't Expect the Same Grades in College as in High School

- Expect early GPAs to be lower and later ones higher.
- It takes at least a semester to get into a groove with college academics.
- Ask your student about what is happening in their courses instead of focusing on the grade.





Don't Expect College Students Overnight

It takes time to:

- learn how to study,
- eat,
- do laundry,
- handle money
 - Dining dollars
 - Eating out
 - Starbucks



|

patience.

- It takes time for students to figure it all out.
- Freshman year is filled with taking exams, writing papers, giving reports, messing up, doing well, fending off the freshmen 15, eating uncountable pizzas, and attending a variety of events.





You won't be able to wait for them to come home – or leave

Your student will come home with a whole new set of habits, particularly when it comes to food and sleep.



Predictable challenges in the
first year. . .





First Day of Classes

Give your student some space!



Challenges in the Fall Semester

SEPTEMBER

Trouble managing time

- papers and projects aren't due until October
- may lead to procrastination

Navigating academics and social life

- Making smart choices
- 60% of conduct violations are first-year students

Dependence on high school friends

- texting and social media makes it easy to stay in touch with high school friends
- can sometimes hinder students from making new friends



Challenges in the Fall Semester

OCTOBER

Stressed Out About Tests And Midterms

- some students fall behind because of lack of time management

Get First College Grades On Papers And Projects

- learning what professors expect
- may not get same grades as high school

Students Who Join Too Many Organizations

- may have trouble balancing the demands with coursework

Learning to Navigate a College Library

- work on research papers

Learning to Manage Their Own Money

- pressures to spend money on pizza, movies, clothes, etc.



Challenges in the Fall Semester



NOVEMBER

Chance of Getting Sick

- cold and flu season begins

Registering for Spring Classes

- seeing their advisors
- setting schedule
- registering for their first the first time on their own



Challenges in the Fall Semester

DECEMBER

- Trouble Managing Time
- Lack of Sleep and Proper Nutrition
- Financial Concerns for Spring Semester
- Change of Major thoughts
- Home for the Holidays



Challenges in the Spring Semester

JANUARY

- parental reactions to grades (good or bad)
- some students think about study abroad

FEBRUARY

- cabin fever
- planning for spring break
- student organizations demanding time

MARCH

- midterms
- registering for summer/fall terms
- declaring a major
- financial aid documents due

APRIL / MAY

- spring fever
- finals
- moving out of residence halls
- moving home

“Children have to be educated but they also have to be left to educate themselves.”

Ernest Dimnet – French author 1930’s



What Can Parents do to Help?



When a Problem Arises, Move Like Your Feet are Stuck in Molasses



- The temptation is to intervene when a student calls with a problem.
- There are resources to help students cope.
- Express support; give your student time to solve their own problems. It will ultimately benefit them.



Have Your Student Check Their Crimson Email !



- **ALL important information is sent via email** from the college and instructors!
- **Students check their email through myBama**
- **Pay attention to emergency alerts.** Text, call, email on weather
- **UA Safety App for families**



Send Care Packages

- Students love mail and stuff they can share with new friends.
- Send holiday decorations, popcorn, cookies, something from their room.
- Make sure to send something special during finals!



Don't Forget to Visit!



Family Weekend

**SAVE THE DATE:
FAMILY WEEKEND 2023**

SEPTEMBER 22ND AND 23RD

REGISTER AT [PARENTS.UA.EDU](https://parents.ua.edu)



Let your student handle problems on their own unless . . .

- You hear “that voice”
- The voice that is different from ordinary complaining, the voice that means the student is in trouble.
- Call the University. Don’t just come running.
- Start with the Dean of Students Office.
- No matter who is called, all the relevant people will be notified and help will be set into motion.

During business hours call
Dean of Students Office 205-348-3326

Outside of business hours call
UAPD at 205-348-5454



Seriously . . .

PROBLEMS

- Stay out of administrative issues unless your student is in genuine psychological difficulty.
- Encourage the use of College resources

AWARENESS IS THE KEY

- Set guidelines for staying in touch. What is comfortable with student and parent
- Pay attention to signs if your student is in trouble
- Make a date to see your student



We communicate with parents
all year long!



Communicating Important Topics



Fall Topics

- Family Weekend
- Being a college parent
- Money matters
- Safety on campus
- Getting involved
- Registering for spring
- Tutoring
- Study Abroad
- Roommates and homesickness



Spring Topics

- Finding the right major
- Summer part time jobs
- Internships
- Doing well on finals
- Becoming a sophomore



Parent Communication

UA Crimson Connection

- Email newsletter to parents and families all year long
- Create profile to set up customizable email
- ua.campusesp.com or through parents.ua.edu



THE UNIVERSITY OF ALABAMA | Division of Student Life
Parent & Family Programs

A new way to stay involved with your student and the University of Alabama!

UA Parent & Family Programs is excited to sponsor The UA Crimson Connection, a new communication platform to enhance your UA family experience and customize the information you receive.

Log in to get started or sign up
[Forgot password?](#)

Please sign in. If you do not have an account, you can use the Sign Up link above to register or log in with Facebook or LinkedIn.

Email

Password

Remember Me

Log in with email

Log in with Facebook

Log in with LinkedIn

Log in with Google

Your one-stop shop for:

- Access to important campus news and deadlines
- Personalized newsletters on your schedule
- Announcements via email
- Sharing of updates with friends and family

This site is protected by reCAPTCHA and the Google Privacy Policy Terms of Service apply.

**“The most important thing that parents
can teach their children is how to get
along without them.”**

Frank A. Clark, US Congressmen 1905



**Stay Connected with us on Facebook
Instagram, and Twitter!**



Life Skills

- washing clothes
- healthy eating
- getting enough sleep
- not ignoring signs of illness
- budgeting money

Relationships in the Family

- discuss your family's changing relationships

Expectations and Goals

- academic
- financial
- time management
- involvement on campus

Before School
Starts . . .

Have these
conversations with
your student before
they leave for college.



Above all else remember...



- Listen more, intervene less, be supportive.
- Encourage the use of campus resources.
- Allow students to make mistakes.



ctive



Resist the urge to fix it for them

- Ask them *“What are you going to do about that?”*
- Be your student’s coach.

“The greatest gifts you can give your children are the roots of responsibility and the wings of independence.”

**Denis Waitley
– author and motivational speaker**



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**Have a great
day!**





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WHERE LEGENDS ARE MADE



ACADEMIC ESSENTIALS

SUPPORTING YOUR STUDENT'S ACADEMICS

ACADEMIC CATALOG catalog.ua.edu

Everything students need to know can be found in their online academic catalog:

- Those starting Summer 2023 → Fall 2022-Summer 2023 Academic Catalog
- Those starting Fall 2023 → Fall 2023 – Summer 2024 Academic Catalog
- Includes:
 - Admissions Information
 - Academic Records and Policy
 - Academic Warning and Suspension
 - Core Curriculum and general education requirements
 - Multiple Degree/Multiple Majors
 - Student Responsibility
 - Academic Colleges & Curricular Requirements
 - Support Programs and Services
 - Code of Student Conduct
 - Military (ROTC) and Specialized Academic Programs



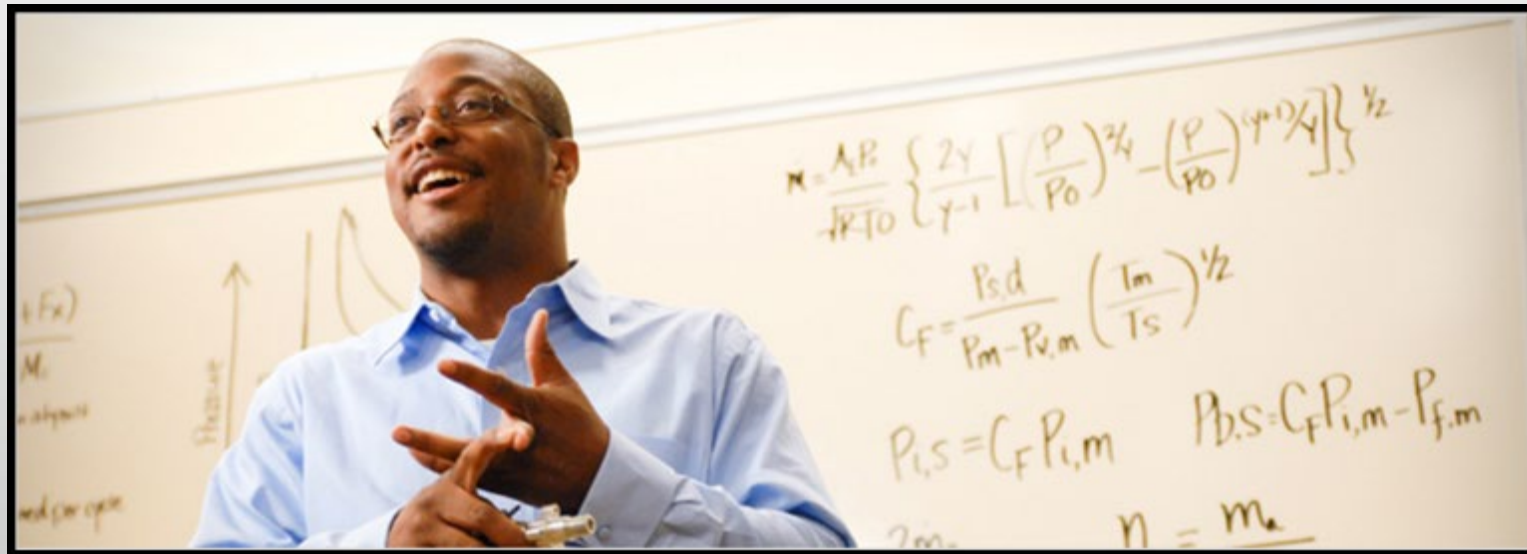
ACADEMIC ADVISING

- Advisors are the faculty or staff members who will assist students in selecting classes for their degree program.
- Students should get to know their advisor and seek their advice.
- Encourage your student to visit their advisor regularly.
- Students seeking to change majors should see their advisor.
- College visit experiences (and advising structures) vary by college.
 - Listen for:
 - Who will be your student's advisor?
 - Will that person change over the course of their time at UA?
 - When should your student schedule their next advising appointment?
 - Where can you find your student's curriculum?



FACULTY

- Students should get to know at least one professor each semester. This will help when it comes to needing letters of reference. Encourage the FYE Out to Lunch Program.
- Professors will communicate with your students directly.
- Mid-term grades are distributed to students in 100 and 200 level courses so inquire with your student around mid-term to ask how they are doing.
- Office hours is a time dedicated to talking to students.



Family Educational Rights and Privacy Act

What We CAN Discuss:

Policies, Procedures, & Best Practices

Directory information, including:

- Name*
- Preferred Name
- Local Address & Permanent Address
- Local Phone Number & Permanent Phone Number
- UA E-mail Address*
- Full-/Part-time Enrollment Status
- Class Level
- UA School/College(s)
- Major(s)/Degree Program(s)
- Degree(s) Earned and Date(s)
- Academic Awards and Honors
- Prior Postsecondary Institution(s) Attended
- Dates of Attendance
- Participation or membership in officially recognized activities, social or Greek organizations, and sports (or in intercollegiate athletic teams)
- Weight and height of members of intercollegiate athletic teams

What We (possibly) AREN'T able to Discuss:

- Grades and transcripts
- Academic class schedules
- Information accessed in myBama
- Class rosters
- Any document designated as part of the educational record

IMPORTANT NOTE: The University will not disclose grades over the phone regardless of signed release.



FERPA RELEASE AND PROXY ACCESS (within myBama.ua.edu)

The screenshot shows the myBama website interface. At the top, there is a search bar with the text "Quick search for anything" and a "CTRL K" button. The user's name "nshuffman" is visible in the top right corner. On the left side, there are two columns of navigation links: "QUICK LINKS" and "PAGES". The "QUICK LINKS" column includes items like "Academic Calendar", "Blackboard Learn", "Degree Works", "Email", "Events Calendar", "Public Directory", "Schedule Builder", and "UA Libraries". The "PAGES" column includes "Home", "Admissions & Scholarships", "COVID-19", "Campus Life", "Employee", "Faculty & Adv", "Reports", "Research", "Student", and "Tech". The "Student" link in the "PAGES" column is highlighted with a red box. The main content area is titled "Student" and is divided into three columns. The first column is titled "Academic and Student Services" and contains two items: "Academic Records and Curriculum" (highlighted with a yellow circle) and "Class Schedule and Course Catalog". The second column is titled "Student Account Services" and contains "Pay Your Student Bill" and "Student Account Services". The third column is titled "Student Financial Aid" and contains a list of links: "Financial Aid Status", "Federal Shopping Sheet", "E-mail Financial Aid Office", "Student Financial Aid", "Financial Aid Awards", and "Financial Aid Requirements". Below this list, there is a message: "You have no Financial Aid Requirements for this aid year: 2021.2022 AWARD YEAR". At the bottom of the page, there is a "Blackboard Learn" section with the "Bb" logo.

Record Release to Parent/Guardian And Proxy Access



DEGREE WORKS (within myBama.ua.edu)

The screenshot shows the myBama website interface. At the top, there is a search bar with the text "Quick search for anything" and a "CTRL K" button. The user's name "nshuffman" is visible in the top right corner. On the left side, there is a navigation menu with "QUICK LINKS" and "PAGES" sections. The "QUICK LINKS" section includes "Academic Calendar", "Blackboard Learn", "Degree Works" (highlighted in yellow), "Email", "Events Calendar", "Public Directory", "Schedule Builder", and "UA Libraries". The "PAGES" section includes "Home", "Admissions & Scholarships", "COVID-19", "Campus Life", "Employee", "Faculty & Advisors", "Reports", "Research", "Student" (highlighted with a red box), and "Tech". A red arrow points from the "Student" link in the "PAGES" section to the "Degree Works" link in the "QUICK LINKS" section. The main content area is titled "Student" and is divided into three columns. The first column is "Academic and Student Services" and contains links for "Academic Records and Curriculum", "Class Schedule and Course Catalog", "Degree Audit and Graduation" (with a sub-menu containing "Apply to Graduate", "Degree Works" (highlighted in yellow), and "View Graduation Applications"), "Grades", "Official Documents", "Personal Information", and "Registration". The second column is "Student Account Services" and contains links for "Pay Your Student Bill" and "Student Account Services", followed by a message: "No enrollment exists for the Spring 2022 semester." The third column is "Student Financial Aid" and contains links for "Financial Aid Status", "Federal Shopping Sheet", "E-mail Financial Aid Office", "Student Financial Aid", "Financial Aid Awards", and "Financial Aid Requirements". Below these links, there is a message: "You have no Financial Aid Requirements for this aid year: 2021.2022 AWARD YEAR" and a "Go" button. At the bottom of the page, there is a "Blackboard Learn" section with the "Bb" logo. In the bottom right corner, there is a red square with a white "A" logo.



DEGREE WORKS (within myBama.ua.edu)

Worksheets

Data refreshed 03/31/2022 10:11 PM

GPA Calculator

EWIS Student Name Degree Bachelor of Arts

Advanced search

Level Undergraduate Classification Senior College Arts & Sciences Degree Art History, BA Major Art History

Standing Good Standing as of Spring 2022 Alternate Pin Cleared Yes Placement MATH 005 Overall Credits Earned 95 UA Credits Earned 95

UA GPA 4.000

Academic What-If Financial Aid Athletic Eligibility View historic audit 03/10/2022 at 9:01 AM UG/AB

Format Student View In-progress classes Preregistered classes **PROCESS**

Registration Checklist Graduation Checklist

Degree progress

Overall GPA 4.000

7% Requirements

DEGREE WORKS (within myBama.ua.edu)

Worksheets

Data refreshed 03/31/2022 10:11 PM

CUWID: [redacted] Student Name: [redacted] Degree: Bachelor of Arts

Advanced search

Level Undergraduate Classification Senior College Arts & Sciences Degree Art History, BA Major Art History

Standing Good Standing as of Spring 2022 Alternate Pin Cleared Yes Placement MATH 005 Overall Credits Earned 95 UA Credits Earned 95

UA GPA 4.000

GPA Calculator

Academic What-If Financial Aid Athletics

Format Student View

Registration Checklist Graduation Checklist

Degree 7%

Requirements

What-If Analysis

Use current curriculum In-progress classes Preregistered classes

Program

Catalog year * 2021-2022

Degree * Bachelor of Arts

Level * Undergraduate

Areas of study

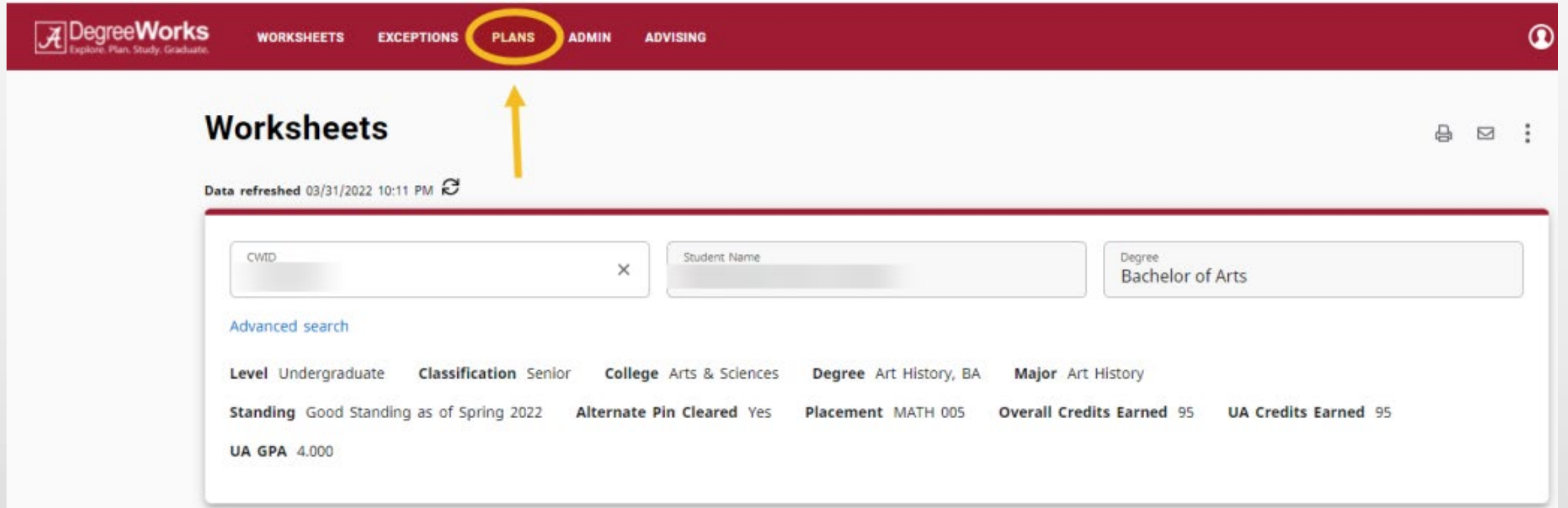
Major * [redacted]

Minor [redacted]

College [redacted]

Concentration [redacted]

DEGREE WORKS (within myBama.ua.edu)



DegreeWorks
Explore. Plan. Study. Graduate.

WORKSHEETS EXCEPTIONS **PLANS** ADMIN ADVISING

Worksheets

Data refreshed 03/31/2022 10:11 PM

CUID Student Name Degree
Bachelor of Arts

[Advanced search](#)

Level Undergraduate **Classification** Senior **College** Arts & Sciences **Degree** Art History, BA **Major** Art History

Standing Good Standing as of Spring 2022 **Alternate Pin Cleared** Yes **Placement** MATH 005 **Overall Credits Earned** 95 **UA Credits Earned** 95

UA GPA 4.000





Learning Commons

What We Do

Success Week Events

Academic Coaching

Skill Session Schedule

Meet the Coaches

Peer Tutoring

Tutoring Schedule

Online & Distance Tutoring FAQ

Meet the Tutors

Peer Leaders

Additional Resources

Study Space

Computer Lab

Academic Campus Resources

Learning starts here.

At the Learning Commons, you'll find friendly and knowledgeable tutors and coaches to help you succeed in your courses and accomplish your goals. Success blooms in community. Let's grow together!

Find A Coach

Find A Tutor

Build Better Habits

Welcome to Your #SuccessStory



DONOVAN GREEN



MAE FARMER



OLIVIA MCKELVEY



PATRICK MOORE



Success.ua.edu

Academic Campus Resources

[Home](#) > [Learning Commons](#) > [Additional Resources](#) > [Academic Campus Resources](#)

Learning Commons

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Academic Campus Resources

Academic Resources

A variety of support services and programs are offered by academic departments and schools.

This page is designed to help students quickly locate and connect to academic support resources, programs, and services available to University of Alabama students. Connect to the Writing Center, Engenuity Lab, Speaking Studio, Math Technology and Learning Center, University Libraries and History Peer Mentoring Program all in one place.

The **Capstone Center for Student Success** provides:

- Advising
- Tutoring
- Learning Resources
- Support for first generation; foster care; homeless; and other priority support populations

The **ENGenuity Lab** is open to all students in the College of Engineering to cultivate relationships, explore opportunities, and collaborate with peers. Students will find:

- Tutoring
- Mentoring
- Career Preparation

The **Mathematics Technology & Learning Center** offers:

- Tutoring for all students enrolled in any of the introductory math courses (005-238).
- Help on any homework or practice problem
- Self-paced support and instant feedback on their progress

The **Writing Center** is a free service open to all University of Alabama students that offers:

- Support and instruction tailored to students' individual needs
- Assistance with any kind of writing, whether it is personal,



Key Take Aways

- The Academic Catalog is the contract with the University for degree requirements. Degree works will help your student see their specific requirements.
- Your student should get to know the Academic Advisors and Faculty.
- We are here to partner with your student and your family - FERPA release must be in place for us to speak freely with you.
- Your student is not here alone! We have resources to support every step of the way!





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